

Twin Cities Orthopedics Foundation is proud to announce...

3rd Annual

**Promoting
Orthopedic
Health**

Joint Jaunt



- A USATF certified race

Lake Harriet, Minneapolis

**Saturday, August 20, 8 a.m. start
5K/10K Run or Walk \$30**

(Register by Aug. 17, 2011. Race Day fee is \$35)

Starts 9:30 a.m. Kids' Dash \$5



Register online www.active.com

For more information www.jointjaunt.org

Call 952-512-5615

**Donate new
running shoes and
athletic wear**



Support our Community Partner,
Bolder Options, by donating
running shoes and athletic wear
at TCO Clinics or on race day.



**TWIN CITIES ORTHOPEDICS
FOUNDATION**